

Home Practice Guide November- Alto Sax

Name _____ School _____

Due the Week of December 2nd

Instructions for Home Practice Guide Completion: Each week, your child’s practice should have a specific focus. We are providing you with practice goals and objectives for each week of the month. In most cases, your child will receive instruction on the material prior to playing the material at home. Each week, he/she needs to practice the assigned material repeatedly. Once your child feels prepared to play the assigned piece(s) for you, he/she will give you a short concert and/or explanation of the material. Once the concert is completed, please sign the appropriate week’s box. **DO NOT SIGN THE WEEK IF YOU HAVE NOT HEARD YOUR CHILD PLAY THE SONGS LISTED!**

Instrucciones para completar la guía de práctica en el hogar: Cada semana, la práctica de su hijo debe tener un enfoque específico. Le proporcionamos metas y objetivos de práctica para cada semana del mes. En la mayoría de los casos, su hijo recibirá instrucción sobre el material antes de reproducirlo en casa. Cada semana, necesita practicar repetidamente el material asignado. Una vez que su hijo se sienta preparado para tocar la(s) pieza(s) asignada(s) para usted, le dará un breve concierto y/o una explicación del material. Una vez finalizado el concierto, firme la casilla de la semana correspondiente. **¡NO FIRME LA SEMANA SI NO HA ESCUCHADO A SU HIJO TOCAR LAS CANCIONES ENUMERADAS!**

Date	Page #s	Pages Completed/Song(s) Played	Parent Sig.
	Other Side 24	*Review the steps for proper posture, playing position, and forming the embouchure with a parent Play Line #25- Hot Cross Buns Play Line # 26-One Note Boogie Play Line # 27- Claire de Lune	
	27	Play the Five Note Scale #32- Level One #33- Level Two #34- Level Three #35- Level Four #36- Boss Level	
	32 33	#38- Aunt Rhodie #39- Theme from “Jaws” #43- El Toro #44- Celebration	
	34	#45- Jingle Bells #46- Good King Wenceslas #47- Dreydl, Dreydl	

5th Grade Band Students can practice online at:

mrwentzel.com/bandpractice.html

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Posture & Embouchure Guide for Parents:

Posture:

- Student's back is straight as a board and is not touching the back of the chair.
- Both feet are flat on the floor.



Playing Position:

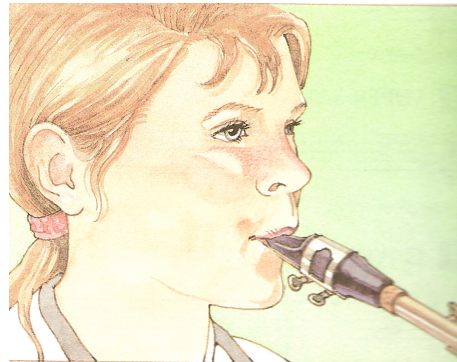
- Saxophone is positioned on the right side of the body
- Neck strap should support the weight of the saxophone
- Neck strap should be adjusted so the reed touches the lower lip.
- Left hand should be on top. Right thumb should be under the lower thumb rest.

Alto Sax Embouchure Steps for Students:

- Cover your bottom teeth with a small amount of your lower lip.
- Place the mouthpiece in your mouth to where the reed and the mouthpiece touch.
- Rest your top teeth directly on the mouthpiece. Close your mouth in a drawstring fashion with equal pressure on all sides of the reed. Your chin should be flat and pointed.

Alto Sax Checklist

- Sitting up straight
- Saxophone positioned on the right of the body
- Neck strap properly positioned
- Left and right thumbs correctly placed
- Head erect
- Fingers gently curved
- Wrists straight
- Elbows away from the body
- Mouthpiece proper distance in mouth
- Top teeth resting directly on mouthpiece
- Equal pressure on all sides of mouthpiece
- Chin flat and pointed



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